



QUEST TRUST
Supporting Young People from
Early Years to Employment

Relationships Education Policy

For QUEST Primary Schools
Company Number 09306360

St. Peter's C of E Primary School Hindley
Hindley Green Community Primary School
St. John's C of E Primary School, Hindley Green
St. John's C of E Primary School, Abram

Spring 2026
Next Review Spring 2028



Statement of Intent

At QUEST, we understand our responsibility to deliver a high-quality, age-appropriate and evidence-based relationships, sex and health curriculum for all our pupils.

Relationships education focuses on giving pupils the knowledge they need to make informed decisions about their wellbeing, health, relationships and build self-efficacy. It is taught as part of the PSHE curriculum and is presented within a caring, moral and family-orientated framework. Our church schools will take account of the Christian character and church teachings in the delivery of the curriculum, whilst remaining sensitive to those whose beliefs differ.

Relationships education is a lifelong learning process about physical, moral and emotional development. It contributes to the requirements of current DfE guidance and the national curriculum and promotes spiritual, moral, cultural, mental, citizenship and physical development.

In line with updated DfE 2026 statutory guidance, our RSHE curriculum reflects strengthened expectations in the following areas: online safety (including financial harms), correct anatomical terminology, personal safety (including fire, water and travel safety), change, loss and bereavement, and the explicit teaching of communication, boundaries and assertiveness.

We aim to prepare pupils for the opportunities, responsibilities and experiences of adult life.

Curriculum Content and Relationship Education Overview

The curriculum meets statutory requirements (September 2020 onwards) and reflects subsequent updates.

In response to the DfE 2026 RSHE update, QUEST has completed a full curriculum audit to ensure alignment with revised expectations. This included identifying gaps, removing outdated content and ensuring clear progression from Year 1 to Year 6.

New and strengthened content includes:

- **Online safety, including financial exploitation, scams and digital manipulation**
- **Teaching the correct names for body parts as part of safeguarding**
- **Personal safety education (fire, water and travel safety)**
- **Education around change, loss and bereavement**
- **Explicit teaching of communication skills, personal boundaries and assertiveness**

Teaching reflects requirements set out in law, particularly the Equality Act 2010. Pupils are taught the facts and the law about sex, sexuality, sexual health and gender identity in an age-appropriate and inclusive way.

Optional Year 5 and Year 6 content is carefully reviewed to ensure it remains age-appropriate, inclusive and developmentally suitable.

Equality and Accessibility

The school is committed to making reasonable adjustments to promote accessibility and inclusivity.

Curriculum adaptations for SEND pupils are planned proactively, ensuring that teaching of correct terminology, personal safety and safeguarding themes is explicit and accessible to all learners.

Safeguarding and Personal Safety

Confidentiality procedures follow QUEST's Safeguarding and Child Protection Policy.

Safeguarding links within RSHE have been strengthened to ensure pupils are explicitly taught:

- **Correct terminology for body parts**
- **How to recognise and report concerns**
- **Personal safety strategies, including fire, water and travel safety**
- **How to seek help and persist until they are heard**

If concerns arise, staff follow safeguarding procedures in line with policy.

Curriculum Planning and Sequencing

The RSHE curriculum has been mapped across KS1 and KS2 to ensure clear progression, logical sequencing and developmental appropriateness. Lessons are participative, discussion-based and designed to embed learning over time.

Consideration is given to whether late-primary online sexual content requires inclusion, in line with safeguarding needs and statutory expectations.

Staff Training and Support

All staff receive CPD on updated RSHE expectations to build confidence in delivering sensitive content, handling difficult questions and maintaining safe, inclusive classroom environments.

Teachers are supported by the PSHE subject leader to ensure fidelity and confidence in delivery.

Engagement with Parents and Pupils

The school recognises parents as primary educators in RSE and works collaboratively to ensure transparency.

Parents are informed of curriculum updates, statutory changes and implementation timelines. Curriculum materials remain available for review.

Pupil voice is actively sought to inform curriculum development, particularly regarding wellbeing and online safety themes.

Withdrawal from Learning

Parents retain the right to withdraw their child from non-statutory sex education (outside National Curriculum Science).

Withdrawal procedures have been reviewed to ensure clarity and compliance with updated statutory requirements.

There is no right to withdraw from statutory Relationships Education or National Curriculum Science content.

Monitoring Quality and Implementation

The PSHE subject leader monitors standards and quality of teaching.

Implementation of the updated RSHE curriculum is reviewed half-termly. Impact is evaluated through pupil voice, behaviour data and safeguarding trends, and teaching is adjusted in response to emerging needs.

This policy will continue to be reviewed on a two-year cycle, or sooner if statutory changes require.

Signed



CEO